

MAITLAND BREAKFAST CLUB

745 ORIENTA AVE. SUITE 1061, ALTAMONTE SPRINGS, FL 32701

EVERYBODY'S FAVORITE

Biscuits And Gravy \$6.95
A fresh baked biscuit covered in sausage gravy. Served with two eggs and potatoes.

Sausage Special \$7.95
Polish sausage grilled and then covered with mustard, onions, and Swiss cheese. Served with two eggs, potatoes, and toast.

Country Fried Steak & Eggs \$8.95
Country fried steak smothered in sausage gravy. Served with two eggs, potatoes, and toast.

Eggs Benedict \$8.95
Poached eggs with hollandaise sauce. Topped with your choice from below:

- Smoked ham and tomato
- Bacon and tomato
- Florentine - spinach, tomato, and avocado



Eggs
Benedict

OMELLETES

served with potatoes and your choice of bread

Chicken Heaven \$8.95
Spicy chicken breast, Jack cheese, onions, and mushrooms. Served with Southwest dressing on the side.

Ultimate Omelette \$10.95
Chicken, turkey, bacon, sausage, ham, mushrooms, onions, and melted Jack and cheddar cheese. Topped with tomatoes and sour cream.

Veggie Delight \$8.50
A vegetarian's delight filled with onions, celery, mushrooms, broccoli, zucchini, and Jack and cheddar cheese. Topped with tomatoes. Served with a side of sour cream.

Crown Turkey \$8.50
Smoked turkey and spinach. Topped with Jack cheese, hollandaise sauce, and diced tomatoes, and sprinkled with paprika.

The Gravy Dream \$9.25
A three egg omelette stuffed with diced sausage, onions, and potatoes, and smothered with Jack and cheddar cheese and sausage gravy.

The Mediterranean \$8.25
Bell peppers, spinach, and feta cheese. Topped with black olives and onions.

Western Omelette \$8.75
Ham, green bell peppers, onions, and melted Jack and cheddar cheese.

My Choice \$6.95
Basic three egg omelette and cheese.

Additional Items - \$0.75

bacon, ham, sausage, turkey, chicken, mushrooms, onions, or bell peppers

Any omelette can be substituted with egg whites for \$1.00 or egg substitutes for \$1.00.

CREPES

Fruit Crepe \$7.95
Two thin homemade crepes stuffed with fresh fruit. Topped with strawberry yogurt and cinnamon-sugar. Served with our muffin of the day

The crepes below are served with potatoes and toast.

Chicken Crepe \$8.25
Cajun chicken, bacon, tomatoes, Jack and cheddar cheese. Topped with sour cream and a side of Southwest dressing.

Turkey Dill \$8.50
Diced turkey, mushrooms, spinach, onions, and Jack cheese. Topped with diced tomatoes, hollandaise sauce, and dill weed.

The Flamingo \$8.25
Turkey, avocado, bacon, tomatoes, and cheese. Served with a side of salsa and sour cream.



Fruit Crepe



Turkey Dill

CAUTION: Eating undercooked eggs, chicken, pork, or red meat can be hazardous to your health

Daylight Scramble \$8.95
A croissant topped with scrambled eggs that are loaded with spinach, ham, and melted Jack and cheddar cheese. Topped with hollandaise sauce. Served with potatoes.

Steak & Eggs \$10.95
Steak seasoned and grilled to your liking. Served with two eggs, potatoes, and toast.

Spanish Burrito \$8.75
Scrambled eggs, chorizo, green chilies, and onions stuffed in a flour tortilla. Topped with salsa, Jack and cheddar cheese. Served with potatoes and a side of sour cream.

Corned Beef Hash \$8.95
Corned beef hash grilled to perfection. Served with two eggs, potatoes, and toast.

JUST EGGS

Skillet \$8.50
Your choice of eggs on top of home fries and one of the below combinations. Topped with melted cheese. Served with toast.

Additional Items

- Ham and mushrooms
- Bacon and onion
- Fresh diced vegetables

Original Breakfast \$4.99
Two fresh eggs, toast, and seasoned potatoes.

Add bacon, sausage \$6.95

Add Ham \$7.50

Substitute turkey sausage; up charge \$1.00



Western Omelette



Original Breakfast

HEALTHY CHOICE

Personal Favorite \$9.00
Egg-white omelette with onions, mushrooms, tomatoes, and green chillies. Served with salsa, toast, and fresh fruit.

Fruity Parfait \$7.75
A healthy parfait layered with granola, strawberry yogurt, fresh fruit, and nuts. Served with our muffin of the day.

Healthy Class \$9.75
Egg white omelette with turkey, onions, and mushrooms. Served with toast and fresh fruit.

Maitland Garden Roll \$7.95
Egg whites scrambled with fresh vegetables and cheese. Rolled up in a flour tortilla and served with fresh fruit and salsa.

OATMEAL

Served with toast and low-fat milk

Original Oatmeal \$3.50
Steaming hot oatmeal with brown sugar and bananas.

Granny Smith \$5.15
Oatmeal with fresh cinnamon apples. Served with granola and brown sugar.

Fruit Oatmeal \$5.75
Topped with strawberry yogurt, strawberries, and bananas.

SALADS

served with our freshly baked muffin of the day

Cobb Salad	\$8.50
Romaine lettuce, bacon, smoked turkey, hard-boiled egg, tomato, blue cheese, and avocado.	
Caesar Salad	\$6.95
Romaine lettuce, Parmesan cheese, seasoned croutons, and Caesar dressing. Add grilled chicken	
	\$9.25
Chef Salad	\$9.25
Romaine lettuce, turkey, ham, hard-boiled egg, Jack and cheddar cheese, cucumbers, and tomatoes.	
Greek Salad	\$7.25
Romaine lettuce, peppercinis, red onions, tomatoes, cucumber, feta cheese, and olives tossed with Greek dressing. Add grilled chicken	
	\$9.25
Chicken Pecan	\$9.50
Romaine lettuce, seasoned chicken breast, bacon, avocados, pecans, tomatoes, and shredded cheese with homemade honey Dijon dressing.	
Southwest Salad	\$9.25
Romaine lettuce, Cajun chicken breast, mushrooms, tomatoes, croutons, cheese, and avocados with homemade Southwest dressing.	

SANDWICHES

*served with your choice of french fries or cole slaw
Substitute onion rings or potato salad; up charge \$0.75*

New Orleans	\$8.75
Cajun chicken breast, Jack and cheddar cheese, and bacon and a side of Southwest dressing.	
City Lights Reuben.	\$8.95
Corned beef piled high on rye with Thousand Island dressing, Swiss cheese, and sauerkraut.	
Maitland Club	\$8.95
Smoked turkey, avocado, bacon, tomato, Jack cheese, and mayo. Served on sourdough.	
Turkey Grill	\$8.25
Grilled sourdough with smoked turkey, bacon, tomatoes, Jack cheese, and Ranch dressing.	
Tuna Salad Sandwich	\$7.75
BLT	\$6.95
The classic bacon, lettuce, mayo, and tomato. Served on whole wheat bread.	
Add a fried egg and cheese	
	\$7.50
GOURMET STEAK BURGERS	
• Black And Blue	\$8.95
Blackened burger with blue cheese.	
• Italian	\$8.95
Sautéed garlic mushrooms and Swiss cheese.	
Melt Downs	
• Chicken Melt	\$7.50
Chicken salad made with celery and white meat chicken. Served open-faced on grilled whole wheat bread. Topped with melted cheese and tomato.	
• Tuna Melt	\$7.95
Tuna salad served open-faced on grilled whole wheat bread. Topped with melted cheese and tomato.	
• Patty Melt	\$8.25
Sandwich with a ground beef patty, sautéed onions, and melted cheese. Served on grilled rye bread.	
• Fresco Melt	\$8.95
Sandwich with a ground beef patty, bacon, tomato, Jack and cheddar cheese, and Thousand Island dressing. Served on grilled sourdough bread.	

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LUNCH SPECIALS \$6.95

Grilled Cheese Sandwich
Served with a cup of our soup of the day.
Fish And Chips
Add cole slaw for \$0.50.
BLT
Served with french fries.
Half Salad
Cobb, Chef, Chicken Pecan, or Southwest

WAFFLE IRON

Maitland Waffle	\$4.95
Belgian waffle with powdered sugar, syrup, and butter.	
Touchdown	\$7.75
Belgian waffle with two eggs and your choice of bacon or sausage. Substitute turkey patty; up charge \$1.00	
Mama's Favorite	\$6.95
Belgian waffle topped with strawberries, bananas and whipped cream.	
French Toast	\$5.25
Three slices of sourdough or raisin bread cooked in a batter made of pure vanilla, cinnamon, brown sugar, cream, and eggs. Topped with powdered sugar.	
Maitland French Toast	\$7.75
Three slices of sourdough or raisin bread sprinkled with powdered sugar. Topped with bananas, kiwi, and strawberries.	
Pancakes	
Three plain pancake	\$5.25
Three of your choice	\$7.25
<i>cashew blue, raisin nut, blue germ, banana crunch, wheat germ, blueberry, or apple cinnamon oatmeal</i>	

BREAKFAST SPECIALS \$6.95

Eggs Scrambled With Diced Bacon, Ham, And Cheese

Choice of home fries, hash browns, or grits.

Choice of toast.

Eggs Scrambled With Cheese &

Your Choice of Ham Or Bacon On A Croissant

Choice of home fries, hash browns, or grits.

Three Silver Dollar Pancakes With Two Eggs

Choice of one sausage link, one sausage patty, or two strips of bacon.

Two Slices Of French Toast With Two Eggs

Choice of one sausage link, one sausage patty, or two strips of bacon.

SIDES

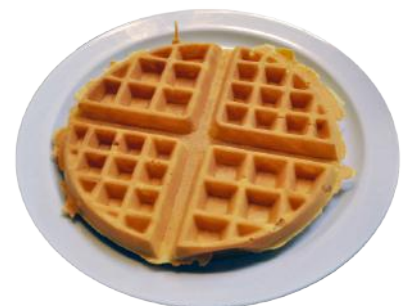
Potatoes	\$3.25
Hash browns, home fries, french fries	
Onion Rings	\$3.95
Grits	
Cup	\$1.85
Bowl	\$2.25
Oatmeal	
Cup	\$2.50
Soup of the day	
Cup	\$3.50
Bowl	\$4.25
Fruit	
Cup	\$3.50
Bowl	\$4.50
Bagel	\$2.25
English muffin or toast	\$1.30
Egg (1)	\$1.10
Muffin of the day.	\$1.30
Biscuit (1) and gravy	\$4.25
Polish sausage	\$3.99
Ham, bacon, or sausage ..	\$3.25
Burger patty	\$5.25
Chicken breast	\$4.95
Avocado	\$1.20
Tomato slices	\$1.20
Side salad	\$3.99
Tuna salad	\$4.50
Egg salad	\$3.95
Chicken salad	\$4.25
Potato salad	\$3.50
Cole slaw	\$2.95

BEVERAGES

Juices	
<i>V8, orange, cranberry, pink grapefruit, apple</i>	
Small	\$2.50
Large	\$3.00
Milk	
Small	\$2.25
Large	\$2.75
Coffee	
<i>Regular or decaf</i>	
Tea	
<i>Hot herbal or ice tea</i>	
Hot chocolate	
Soft drinks	



Maitland French Toast



Maitland Waffle



Italian Burger



Maitland Club